

WellSouth Update

22 March 2023

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Cilazapril to be discontinued

Cilazapril is set to be discontinued in **mid-2023**, three to four months from now. In the Southern region over 9000 patients have received a prescription for Cilazapril since 1 August 2022, and many of these patients may only receive one more Cilazapril prescription before it becomes unavailable. As such, it is essential that we proactively switch these patients to an alternative ACE or ARB in the coming months.

The Thalamus report identifies patients who have been prescribed Cilazapril since last August, and whether or not they have received a subsequent prescription of an alternative ACE or ARB.

It is worth noting that this report will not show Cilazapril patients who have switched to an alternative antihypertensive that is not an ACE/ARB or ceased taking Cilazapril altogether. Additionally, the report will also include the patient's most recent blood pressure results, if that result was recorded within the past three months, and if that result is at or above an appropriate target level based on HealthPathways guidance.

For more information and clinical guidance on this transition, please visit:

<https://pharmac.govt.nz/medicine-funding-and-supply/medicine-notice/cilazapril/>

<https://www.akohiringa.co.nz/education/changing-aces-the-new-line-up>

NZ Doctor Article - Being prepared for a disruptive event

Significant weather events in the North Island have highlighted that we should all take steps to be prepared for adverse events.

In the below article from NZ Doctor published on 15 March 2023, specialist GP Jo Scott-Jones discusses the importance of having a set of portable clinic supplies on hand (clinic-in-a-box) in case you need to set up a pop-up clinic in a hurry.

We encourage you to read the article [here](#), which includes a checklist of equipment to include alongside forms and emergency communication tools.

Practice Manager Forums

It was great to see so many of you at the recent Practice Manager forums. If you missed the follow up email and would like to see the slides from the presentations (Dr Sam King – MPS, Bonnie Mitchell – Healthy Practice, and Prue Lennox – IDEA Services) and/or the recordings of the sessions please email Lisa Win at lisa.win@wellsouth.org.nz.

Healthy Practice

There was a lot of interest in Healthy Practice at the recent Practice Manager Forums after listening to Bonnie's presentation.

Healthy Practice is a tool practices can use to assist in financial management, HR management, and general management of the practice. They provide resources, information, and support to aid in the management of the practice.

All the details can be found on their website [here](#), including the pricing. Alternatively, you can contact Bonnie directly: Bonnie.mitchell@mas.co.nz.

Medical Protection Society - New Practice Package

If you heard Dr Sam King speak at one of the recent forums, you will know that from **1 April** Medical Protection Society will be offering cover for general practices as an entity, a change from their current model.

Depending on the size of your practice you will be placed in one of three pricing tiers:

- Tier 1 for 2 FTE GPs is \$3,000 + GST;
- Tier 2 for 6 FTE GPs is \$3,750 + GST;
- Tier 3 for more than 6 FTE GPs is a bespoke price.

(NB this is not an official quote, Medical Protection Society will provide that upon receipt of your application). More information can be found [here](#).

Practice Network Team Changes

There has been a slight shift in the Practice Network Team with Glen Knol trialling a 50:50 split role with our Data and Digital team.

We're really excited about the opportunity to make the most of Glen's skill set to add more value to practices in the data and IT space and address some of the issues you have raised with us.

For some Dunedin practices this has meant a change in your Practice Relationship Manager - thank you for your understanding.

If anyone in your practice would like Thalamus training, you can contact Glen directly glen.knol@wellsouth.org.nz

Workforce Development and Training

Pae Ora Healthy Futures: Primary Care Leadership Course

WellSouth is pleased to offer an opportunity for emerging leaders to participate in the inaugural 'Pae Ora Healthy Futures - Primary Care Leadership Course' for 2023.

We are encouraging expressions of interest from Māori and Pacific providers, General Practice team members, Community Pharmacists and other community health providers.

The course will be run over the year with two workshops in Dunedin on the 16th - 18th May and 8th - 10th November, and online monthly peer sessions in between.

The course is offered free of charge, with travel and accommodation expenses covered.

Applications close **9am Monday 3 April 2023**.

Register your interest online [here](#).

For more information see the poster [here](#).



PAE ORA HEALTHY FUTURES: PRIMARY CARE LEADERSHIP COURSE

Expressions of Interest Open

WellSouth is pleased to offer an opportunity for emerging leaders to participate in the inaugural 'Pae Ora Healthy Futures - Primary Care Leadership Course' for 2023.

We are encouraging expressions of interest from Māori and Pacific providers, General Practice team members, Community Pharmacists and other community health providers.

WellSouth and the Otago Business School are working together with Joanne Baxter and Kris Cooper to provide a course with the aim of developing effective leadership skills, with a particular focus on equity and Māori health and gaining the tools to make change in the community.

Details:

The course will be run over the year with two workshops in Dunedin on the 16th - 18th May and 8th - 10th November, and online monthly peer sessions in between.

The course is offered free of charge, with travel and accommodation expenses covered.

How to apply

 **Complete the online application form**

Complete the online application form ([click here](#)). This form is your chance to tell us about yourself, your background and your past experience. Tell us why you're interested in the course and how you anticipate the course would contribute to you becoming a better equity focused leader in your community. Please also attach a short CV.

Applications close on Monday the 3rd of April at 9am.

 **What will happen next?**

The course is open to a limited number of applicants. Once applications close, the selection panel at WellSouth will choose the candidates and will contact you to let you know if you were successful, or unsuccessful in your application.

 workforce@wellsouth.org.nz  Wellsouth.nz

Gout Update Virtual Session - Save the date

We will be holding a virtual session of our Gout Update on **Tuesday 18 April** via Teams, this will be recorded for those unable to attend.

Please save the date and we will provide further details closer to the time.

About Gout Update:

Aotearoa has the highest rate of gout in the world, per capita. Find out why, and get the latest guidelines on how this painful condition can be successfully managed.

Upcoming Training and Education courses

For course dates and registration please click [here](#).

Advance Care Planning
ACC GPMRI Referral Training
Gout Update

Other [Workforce Development](#) opportunities.

HealthLearn - free online learning system

We want to remind practices that HealthLearn is a useful and **FREE** professional development resource you can utilise in your practice.

The online learning system provides flexible 24/7 access to a range of courses for the health workforce, from any location, enabling staff to develop knowledge at their own pace.

To access HealthLearn, go to www.healthlearn.ac.nz

For further information about healthLearn or for administration queries, please contact: admin@healthlearn.ac.nz

Update Healthpoint hours

Please check your public holiday hours.

With Easter fast approaching, and Kings Birthday and Matariki in the following months, please ensure that your public holiday hours are correct.

Go to your page on [HealthPoint](#). Scroll down to hours to check your current public holiday settings.

To edit the public holidays hours please;

- Click on **Make Changes**, click on **Hours** in the left-hand navigation menu, then on **hours**.
- If you have one location click the **pen icon next to Public Holidays**
- If you have multiple locations; click the **pen icon next to the location name**.
- Make the required changes and click **Save**, changes to hours will go live immediately.

Please contact HealthPoint at info@healthpoint.co.nz if you would like assistance.

About this newsletter

WellSouth Update is a regular e-newsletter for general practice teams, community pharmacy and other providers in Southland and Otago.

Previous issues of this newsletter are available on the [WellSouth website](#).

To subscribe or to provide feedback or submissions, please email communications@wellsouth.org.nz Thank you.



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